



ARTHUR PAPAGIANNIS, Managing Director of AP Psychology & Consulting Services

Arthur Papagiannis is the founder and Managing Director of AP Psychology & Consulting Services. Arthur is a registered psychologist with extensive experience in developing psychological workplace solutions for organisations. Throughout his career, Arthur has been recognised as an industry leader in workplace mental health.

Embracing the core values of integrity, commitment, innovation, partnership and adaptability, Arthur has built a reputation with both government and private organisations, for developing high level policy, strategy and service delivery in improving organisational performance and psychological wellbeing. Arthur has extensive knowledge and experience in the management of staff, executive leadership, employee development, psychological programs and broader business strategy solutions.

Arthur regularly conducts public workshops across Australia on various topics related to managing mental health and organisational wellbeing, including 'Managing Mental Health & Psychological Injury in the Workplace – Strategies & Solutions for Leaders', 'Working Towards a Psychologically Healthy Workplace' and 'Managing Mental Health & Psychological Injury in the Workplace'.

Arthur is a regular key note speaker at national industry conferences, and federal and state regulators. Most recently, Arthur was invited to present at an AHRI hosted webinar on 'Workplace Mental Health - 4 Steps to Having an Effective Conversation'.

Drawing from his experience, knowledge and research, Arthur has written the White Paper 'The Cost of Psychological Wellbeing in the Workplace', which addresses how implementing a psychological wellbeing strategy in your organisation can significantly contribute to successful outcomes leading to a reduction of claims, reliance reduction on income support and industrial disputes saving adverse impacts on mental health.

As Managing Director of AP Psychology & Consulting Services, Arthur is committed to being the market leader in workplace mental health, by developing wellbeing workplace solutions that are leading edge, evidence based, innovative, responsive and underpinned by best practice principles.